

# Newsletter – July 2021 Heacham Infant School

www.heachaminfant.co.uk office@heachaminfant.co.uk 01485 570357

As we come to the end of this academic year, we want to celebrate the enthusiasm, effort and resilience of every pupil in our school.

Our students make us proud and give us purpose to do our best for this community. We thank you too for your part in supporting learning this year. Here's to a bright future ahead! Our colourful Fun Run was certainly bright and was enjoyed by all. The children had a fantastic time and dressed in bright clothing for the occasion. The Let's Get Active morning was also great fun and we are so impressed with how well all of our children did, participating in multiple sports events and encouraging each other. Both events were a huge success and helped to raise much needed funds for the NHS. A huge thanks to all who donated and we raised over £829.50!

It will be very hard to say goodbye to our wonderful Year 2 pupils, and pupils moving on to other schools, as well as staff members who are taking on roles within other schools in the trust. We wish them the very best of luck and hope they will come and visit us in the future.

### **Bubbles 21/22**

With the relaxing of COVID-19 measures on 19th July, we look forward to making changes next academic year to the bubble arrangements, however on return in September these arrangements remain in place and will be reviewed after two weeks. Thank you for your continued support in what has been an unprecedented year. We hope you enjoy a much needed pleasant and relaxing break over the summer and we look forward to welcoming you back to school on 6th September.

Class bubble gate entrances for 21/22 will be signposted on return and are -

Gate 1: Nursery/Sparrows at 8:30am along the blue fence.

Gate 1: Goldfinches Drop In Club 8:30am by the flower bed/8:45am along the blue fence.

Gate 2: Robins Drop In Club 8:30am /8:45am directly in front of office door.

Gate 3: Owls Drop In Club 8:30am/8:45am along right hand side in front of blue gates.

Louise Tackson, Emma Hunt and Catherine Bennett

### **Term Dates**

Please note that our term dates are not the same as those published by Norfolk County Council.

Please see our website for information

The Last day of Term is Wednesday 21st July. Children return on Monday 6th September 2021!



### **Twitter**

Please follow us on twitter as we are using that social media platform more regularly than Facebook.



Snettisham, Heacham Infant and Junior \_WNAT

Together we explore, discover, achieve and grow: developing outstanding practice

### **Our Learning**

**EYFS** have been exploring the seas and the animals that live there. They have had some lovely sensory play using seaweed, pebbles and some plastic sea animals and have made their own lifeboat following a visit from the Hunstanton Lifeboat Station. They taught the children how to stay safe near water and how to take care in the sun. They have also had a Pirate Party! All the children, including the big ones, dressed up and had lots of fun digging for treasure in the sand pit, designing flags, walking the plank balance boards and speaking like a pirate!











**GOLDFINCHES** have been learning about the sea and the animals that live in it. They have crafted 'Socktopuses' and made a lovely display showing all the facts they have discovered about Octopuses. Did you know they have 3 hearts and blue blood? The children have also learnt about coral. It is made up of tiny animals called polyps and many sea creatures such as fish, shrimp and crabs use corals as their homes. They also looked at the effect of pollution in the ocean and how plastic can be a major issue to sea animals. The Hunstanton Lifeboat came to visit the class and taught them all about staying safe near water. The children learnt a handy phrase to sing so they can remember what to do if they need help – Hold on, Hand up, We will come to you.











ROBINS have visited prehistoric times this term – ice, stone, bronze and iron ages. The class were visited by a caveman called Twig, who told them about how he lived, ate and hunted, what clothing and jewellery he wore and which animals roamed during his time period. The class looked at prehistoric cave paintings and even went on the search for a mammoth! In Art, the children have been looking at sculptor Henry Moore and created some wonderful, inspired sculptures of their own. Gardening club even found a potato that Henry Moore would have been very pleased with! Gardening Club has been particularly busy over the last few weeks, helping to weed the garden area and plant lots of lovely new greenery. They can't wait to see what has grown over the summer!











**OWLS** have been learning about Viking and Anglo Saxon life. They have looked at the Anglo Saxon kingdoms: Northumbria, Mercia, East Anglia, Essex, Kent, Sussex and Wessex and discussed invasions, marauding and raiding. They have learnt that King Alfred secured a peace treaty between him and Guthram, the Viking ruler of East Anglia. The class also learnt about Viking long ships, how they had a unique structure and were not just used for military purposes, but also for trade and exploration. Most had a mythical creatures head carved into the bow and stern, such as a dragon. In Science, the class has identified constellations such as the Big Dipper and Orion's Belt and familiarized themselves with the phases of the moon. They have also memorised a handy phrase to help them remember the planets: My Very Easy Method Just Shows You Nine Planets.











### **Next Half Term**

We look forward to seeing you all when we return in September. Here are the learning plans for each class:

**NEST AND NURSERY** will be taking about making new friends, being kind and helpful and what things they and other people have that are the same or different.

**GOLDFINCHES** will also be learning all about themselves, looking at how we look and feel, who is in our family and where we live. The class will take part in Dance in PE, participating in different styles of dance.

**ROBINS** will look at colours and lines in Art – primary and secondary colours, warm and cool colours and types of line. They will talk about being themselves in this world in PSHE, explore around school and consider aerial view in Geography and discover the Human Body in Science.

**OWLS** will learn how to search the internet effectively and stay safe online in Computing, explore the world using maps and a globe and noting the symbols used to identify various landmarks. The class will learn to team build through dance in PE, research living things and their environments in Science and will be looking at colour, shape and texture in Art.

All classes will also be looking at attending some virtual visits. From art galleries museums to local conservation sites and sea life centres, and hope to be able to arrange some physical visits soon.

### Goodbyes

The time has come to say a fond farewell to our current Year 2 Owls Class who will be heading to Year 3 for September.



'What an amazing year we've had, Owls! So much fun and laughter along the way. You will be deeply missed here at the Infants.

And remember, Owls, soar as high as your wings will carry you. '

### From Rachel Parton

It's also with a heavy heart, we say goodbye to Kristie Welch who is moving on to Clenchwarton Primary to continue her education and become a qualified teacher, and Rachel Parton who will be teaching a new class at Snettisham Primary.

We wish them all the best and hope they enjoy their new ventures.

If you have a matter you wish to discuss with our Headteacher Ms Jackson, or our Assistant Head, Ms Bennett, please make an appointment at the school office and we will be very happy to chat to you. We want everyone to feel welcome in our school and also to ensure that the children's safety, learning and happiness are always our priority ©

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A huge thank you to all of our lovely families for their kind wishes and generous gifts! You are all amazing!

### **Cashless Payments**

All payments can be made via the school's bank details or through the card machine held at the office.

### We do not have ParentPay.

Payments include Drop in Club, Nursery Fees, Charity collections and other chargeable items.

### **Contactless Card Payments:**

Payments via the card machine held at the school office.

### Bank Transfer payments should be made to:

Heacham Infant and Nursery School

Sort code: 30-99-77

Account Number: 35469768

\*Please add a reference to your bank payment e.g.

'Surname Nursery'.



West Norfolk Academies Trust is now on easyfundraising. If you would like to help raise funds for the schools across the trust, every time you shop online, please take a look on easyfundraising.com

### Have you checked for funding?

You might be eligible for Free School Meals/Early Years
Pupil Premium funding.

The school receives funding for each child who comes under Pupil Premium (including free school meals), so it is worth applying! Pupil Premium can cover Nursery sessions too!

You can apply online:

https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/Free SchoolMeals.aspx

Or email the office for an application form.

### Covid-19 Updates

The school continues to encourage thorough hand washing and follows the guidelines laid out by Public Health England for schools. The Government currently advises to self-isolate (stay at home) for 10 days and/or take a test if you or someone you live with has a 'new' persistent cough, a temperature or a loss of smell/taste. Remember to:

There are three simple actions we must all do to keep on protecting each other



### Wash hands

keep washing your hands regularly



### Cover face

wear a face covering in enclosed space.



### Make space

stay at least 2 metres apart or 1 metre with a face covering or othe

Please refer to the government website for updates <a href="https://www.gov.uk/coronavirus">https://www.gov.uk/coronavirus</a>
Be kind. Keep your distance. Stay safe.

### https://www.justonenorfolk.nhs.uk/

Just One from the Children's and Young People's Health Service has lots of useful information on pregnancy, children's health and developmental needs, activities and more. They also have a very helpful section about starting school – how to deal with any worries or concerns, how to get organised and where you can get some support.



Together we explore, discover, achieve and grow: developing outstanding practice

### **Summer Holiday Activities**

There are a number of exciting activities to take part in locally over the Summer holiday and some that we thought looked really fun!

### **The Summer Reading Challenge**

This year the Reading Agency is partnering with WWF - World Wide Fund for Nature for Wild World Heroes, a nature themed Challenge that will inspire children to engage with environmental issues.

Children are invited to visit their local Norfolk County Council Library and read 6 library books. Stickers can be collected, and yes, they are smelly! And once you have completed your 6 books, you'll receive a certificate and a medal!



### **Alive! Summer Holiday Activities**

Alive! Leisure Centre has created a Summer programme with lots of activities at all their centres. From swimming to roller-skating, gymnastics and storytimes. This also include the Big Norfolk Holiday Fun programme providing free places on activity sessions for families on means tested free school meals.



Information for both programmes are attached to the end of this newsletter.

### Dippy the Dinosaur at Norwich Cathedral

Dippy the Dinosaur is at Norwich Cathedral from now until Saturday 30th October, open Monday to Saturday. Visiting is free and there's no need to book unless you are a group of more than six people. Events vary and range from story and drawing sessions, to educational talks and film nights.



GoGoDiscover art trail is also back throughout Norwich and features 21 T-Rex sculptures on the streets of the city. It is running until Saturday 11 September. Search Break Charity to download the map and find out more.

### **Heacham Infant School Summer Activity Challenges**

We have found a few activities that we'd love to see you have a go at over the Summer holiday. Send us photos on Dojo and let us know how you got on!



Ice cream art using home-made stamps! What is your favourite flavor?



Capture a sunset. If you go on a evening walk, share your sunset photo with us.



Send us your best Silly Summer Face! And challenge your teacher too!





**Downham Leisure & Oasis** 

**Holiday Clubs · Swimming** Roller Skating · Gymnastics · & more!

**Booking is essential for all activities** 

**Book online at** alivewestnorfolk.co.uk





Borough Council of King's Lynn & West Norfolk



**#SummerOfPlay** 

# **Summer Activities 2021**

Summer is set to be exciting for all young people in West Norfolk!

Following a really difficult time during the Coronavirus pandemic, where schools, sports clubs and activities were closed, children have missed out on having fun and socialising with their friends.

Alive West Norfolk and the Borough Council of King's Lynn and West Norfolk want to make this summer one to remember and are working in partnership to support a Summer of Play!

Our Summer of Play and Holiday activities are only £1 throughout the summer or where children qualify for a concession, they are just 50p.

We are also proud to be working with DfE, Norfolk County Council and Active Norfolk to bring you Big

Norfolk Holiday Fun, an initiative that provides free holiday clubs to school children who have free school meals.

We have loads of cool stuff to do throughout the summer to ensure your family have the fun they deserve! We have everything from Holiday Clubs and Activities, to Roller Skating, Swimming, Tumble Teds, Kaset Skatepark, Alive Adventures and more!

All of our wonderful parks and play areas around the borough are also open for children to play! Find out where they all are at west-norfolk.gov.uk/play

We are delighted to welcome everyone back for a Summer of Play!



## **Booking**

Bookings for summer activities can be made online by visiting alivewestnorfolk.co.uk/ holidayactivities at your nearest centre or by telephone. Limited spaces are available for some activities so book now to secure your child's place. Payment is required upon booking, our usual cancellation policy applies, please see website for full terms and conditions.

# **Participation**

### Summer of Play:

Age restrictions apply to some activities which can be found on the link above.

- Swimming (all ages)
- KASET (6yrs+)
- Tumble Teds (up to 5yrs)
- Alive Adventures (up to 10yrs)
- Roller Skating (5yrs+)

All children aged 11 and under must be supervised by a responsible adult (This will be reviewed once COVID restrictions ease).

# Holiday Clubs and Big Norfolk Holiday Fun:

Children aged 5-14 will be signed in by a responsible adult on arrival and then supervised by Alive staff before being collected by a responsible adult at the end of the session.

Please inform the instructor at the beginning of the session of any medical conditions.

# What participants need

# Summer of Play and Holiday Activities:

Please ensure your child brings their own drink clearly labelled with your child's name. Some activities are outdoors so please ensure your child is prepared for all weather conditions (visit our website for full details).

### **Holiday Clubs:**

Please ensure your child brings their own drink clearly labelled with your child's name and a packed lunch. Some activities are outdoors so please ensure your child is prepared for all weather conditions (visit our website for full details).



Big Norfolk Holiday Fun is a joint project between Alive West Norfolk, Borough Council of King's Lynn and West Norfolk, Norfolk County Council and Active Norfolk funded by the Department for Educations (DfE) Holiday Activity Fund aimed at some children who qualify for pupil premium providing free Holiday Clubs with a meal and nutrition advice.



# **Summer of Play!**

We support the summer play

Summer of Play Activities are just £1 (50p for Alive Card Concessions)
Activities available From 28 June to 5 September.

**Swimming** 

(during general swimming sessions)

**KASET Skatepark** 

**Alive Adventures** 

**Roller Skating** 

**Tumble Teds** 



For activity session times and booking, please visit alivewestnorfolk.co.uk

Alive West Norfolk in partnership with the Borough Council of King's Lynn and West Norfolk supporting a Summer of Play!

Borough Council of King's Lynn & West Norfolk





# **Holiday Activities**

Date	Time	Activity	Age Range
Thursday 22 July	2.30pm-3.30pm	Pre-School Gymnastics	3-4 yrs
Tuesday 27 July	2.30pm-3.30pm	Junior Gymnastics	5-14 yrs
Friday 30 July	2pm-4pm	Roller Skating	5-14 yrs
Thursday 5 August	2pm-2.45pm	Junior Trampolining	5-8 yrs
	3pm-3.45pm	Junior Trampolining	9-12 yrs
Friday 6 August	2pm-4pm	Roller Skating	5-14 yrs
Tuesday 10 August	2.30pm-3.30pm	Pre-School Gymnastics	3-4 yrs
Friday 13 August	2pm-4pm	Roller Skating	5-14 yrs
Tuesday 17 August	2.30pm-3.30pm	Junior Gymnastics	5-14 yrs
Thursday 19 August	2pm-2.45pm	Junior Trampolining	5-8 yrs
	3pm-3.45pm	Junior Trampolining	9-12 yrs
Friday 20 August	2pm-4pm	Roller Skating	5-14 yrs
Thursday 26 August	2pm-2.45pm	Junior Trampolining	5-8 yrs
	3pm-3.45pm	Junior Trampolining	9-12 yrs
Friday 27 August	2pm-4pm	Roller Skating	5-14 yrs
Thursday 2 September	2.30pm-3.30pm	Junior Gymnastics	5-14 yrs

Please bring your own skates and protective gear, as a limited number of skates are available





## **Multisport Holiday Clubs**

Monday – Friday throughout the summer holidays (excluding Bank Holiday Monday 30 August)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone. Activities vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

# Delivered by



## **Gymnastics Holiday Clubs**

Thursday 29 July, Thursday 12 August & Tuesday 24 August

Budding gymnasts will love this fun day of gymnastics activities including skills, fun on the equipment and lots of games.

# **Elite Gymnastics Holiday Club**

(current elite gymnasts only)

**Tuesday 3 August** 

Elite gymnasts are invited to a fun day of additional gymnastics training with lots of fun and games.

Thursday 22 July Griday 3 September Standard

Standard £25 Alive Card £20 Concession £15

8m.3pm (5-14 yrs)

Breakfast of cereal and juice will be served each morning, lunch is not included so please bring a packed lunch. **Prices are per day and booking is essential.** 



# Dino-Stories Activity Workshops

Fun Summer Holiday activities with a dinosaur theme

Mondays (2, 9, 16 & 23 August)

Bake biscuits

**Tuesdays** (3, 10, 17 & 24 August)

> Create CRETACIOUS

> > creatures

Wednesdays (4, 11, 18 & 25 August)

Paint your own





Sessions are £3.95 per child (museum admission included), and £1.95 for Concession Alive Card holders. Sessions must be booked and paid for in advance by calling 01553 774297. COVID-19 safety restrictions apply.

storiesoflynn.co.uk

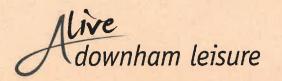












# **Holiday Activities**

Date	Time	Activity	Age Range
Wednesday 28 July	1pm-2pm	Junior Fitness	8-14 yrs
	1.30pm-3.30pm	Roller Skating	5-14 yrs
Wednesday 4 August	1pm-2pm	Junior Fitness	8-14 yrs
	1.30pm-3.30pm	Roller Skating	5-14 yrs
Wednesday 11 August	1pm-2pm	Junior Fitness	8-14 yrs
	1.30pm-3.30pm	Roller Skating	5-14 yrs
Wednesday 18 August	1pm-2pm	Junior Fitness	8 <b>-14 yrs</b>
	1.30pm-3.30pm	Roller Skating	5-14 yrs
Wednesday 25 August	1pm-2pm	Junior Fitness	8-14 yrs
	1.30pm-3.30pm	Roller Skating	5-14 yrs
Wednesday 1 September	1pm-2pm	Junior Fitness	8-14 yrs
	1.30pm-3.30pm	Roller Skating	5-14 yrs





# **Holiday Clubs**

## **Multisport Holiday Clubs**

Monday, Tuesday, Thursday, Friday throughout the summer holidays (excluding Bank Holiday Monday 30 August)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone. Activities vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

Lunch is not included so please bring a packed lunch. Prices are per day and booking is essential.



triday 3 Septemb

Standard £22.50 Alive Card £17.50 Concession £12.50

3pm (5-14 y(5)

# Swimming Crash Courses

A weeks intensive course of swimming lessons for children to gain confidence and improve their aquatic skills.

Monday 26 - Friday 30 July, Monday 9 - Friday 13 August,

Monday 23 - Friday 27 August

Level 1 9am-9.30am Level 2 9.30am-10am

Level 3 10am-10.30am

Booking is essential and can be made by contacting the centre. For ages 4  $\frac{1}{2}$  +

**Level 1** – This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

**Level 2** – This lesson develops your child's confidence so that they are able to swim with basic technique without floats and armbands.

**Level 3** – This lesson is the next step to improve stamina and technique in the water with children aiming to achieve 10m on their front and back.



Standard E26.25
Alive Card E22.50
Concession E16.25



# **Holiday Activities**

## **Water Challenge**

Saturday
24 July - 4 September

9.30am-10.30am &
10.30am-11.30am 8-15 yrs

Fun in the swimming pool including raft building, water volleyball, basketball, water polo and body boarding. Swimmers must be able to swim 25 metres unaided.

# **Roller Skating**

22 July - 5 September

**11am-1pm & 2pm-4pm** 5-15 yrs

Sessions are outside and therefore weather dependant.



# **Holiday Clubs**

### **Multisport**

Holiday Clubs are based at Smithdon High School and Alive Oasis

### **Smithdon High School:**

26-29 July, 9-12 August, 16-19 August, 23-26 August

Alive Oasis: 22 July, 2-5 August, 31 August-2 September

Children will love our Holiday Clubs where a fun packed

day of sports is guaranteed for everyone.

Activities vary each day but may include cricket, speed stacking, nerf-tag,

dodgeball, football and badminton.

Lunch is not included so please bring a packed lunch. **Prices are per day** and booking is essential. Delivered by



thursday 22 July triday 3 Septemb

Standard £22.50 Alive Card £17.50 Concession £12.50

3pm (5-14 y(5)



# **Swimming Crash Courses**

A week's intensive course of swimming lessons for children to gain confidence and improve their aquatic skills.

Monday 2 – Friday 6 August, Monday 16 – Friday 20 August, Monday 23 – Friday 27 August

Level 1 8.30am-9am, 9am-9.30am Level 2 9.30am-10am, 10am-10.30am

**Level 1** – This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

**Level 2** – This lesson develops your child's confidence so that they are able to swim with basic technique without floats and armbands.





We are part of the Norfolk County Council Big Norfolk Holiday Fun programme providing free places to families eligible for means tested free school meals, these places will be available to book from early July. To hear more about the programme sign up here www.norfolk.gov.uk/holidayactivities

# Free session, Free meal!

Activities vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

Monday 26 July -Friday 3 September

(excluding Bank Holiday Monday 30 August)

9am - 1pm and 12pm-4pm

Alive Lynnsport
(Monday - Friday)

Alive Oasis and Smithdon High School (Monday-Thursday)

Downham Market Academy
(Monday, Tuesday, Thursday & Friday)

To book, obtain
your code from
activenorfolk.org
and then visit
alivewestnorfolk.co.uk
to secure your
child's place

# Tennis at Alive Lynnsport

Mondays to Thursdays

26 - 29 July: 9am-1pm

2 - 5 August 12pm - 4pm

9 - 12 August 9am - 1pm 16 - 19 August 12pm - 4pm







# Big FOK NOTFUN Holiday Fun



Holiday activity programme for 5 – 16 year olds



# Welcome to the Big Norfolk Holiday Fun Summer programme.



# If you claim means tested free school meals for your children at school this is for you.

We're offering you 16 days of fun filled **FREE** activity days for your children to do during the summer holidays. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a free healthy meal each day.

This opportunity is provided as part of the government's Holiday Activities and Food (HAF) programme being delivered across Norfolk by Norfolk County Council in partnership with Active Norfolk.

### Book today in 3 simple steps

- 1) Check out all the fun activities here in this programme. All the activities are split by region so find the place where you live and decide which ones you'd like to book
- 2) Visit **www.activenorfolk.org/getmycode** to register and receive your Big Norfolk Holiday fun booking code
- 3) Have your booking code to hand and either visit the website of the provider for your chosen activity or give them a call. Using your booking code will ensure that the activities will be completely free of charge.

**Don't delay!** The free holiday activities are likely to be popular and we really don't want you to miss out.

Securing a code does not guarantee a place on activities and places are booked on a first come first served basis. If you have any questions at all please get in touch at BNHF@norfolk.gov.uk Looking forward to an active and fun filled summer holidays!

Best wishes

### **Tim Eyres**

Assistant Director Commissioning and Partnership Children Services Norfolk County Council









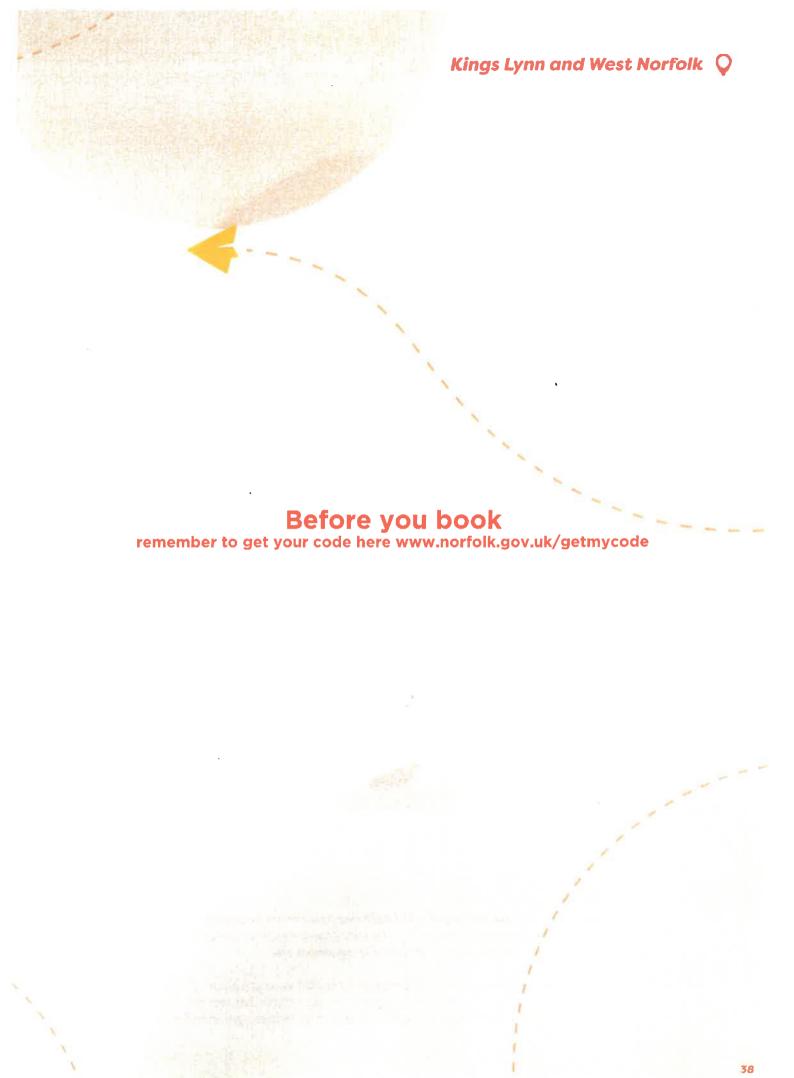


Choose from the activity listings in this section and then proceed to booking.

Don't forget to generate your unique code so you can secure the activities for free.

www.activenorfolk.org/getmycode

We try to make all activities inclusive and accessible for all young people. If your child does have additional needs or requires particular support please state this at the time of booking and contact the provider if you have any concerns or want to discuss your child's circumstances.



# 注 Fitness and sport

Where	When	Activity	Age	Contact to book
Alive Hunstanton Smithdon High School Downs Road Hunstanton PE36 55HY	Week 1 Mon 26/07 - Thurs 29/07 Week 2 Mon 09/08 - Thurs 12/08 Week 3 Mon 16/08 - Thurs 19/08 Week 4 Mon 23/08 - Thurs 26/08 Times: 09.00 - 13.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01485 534227
Alive Hunstanton Smithdon High School Downs Road Hunstanton PE36 55HY	Week 1 Mon 26/07 - Thurs 29/07 Week 2 Mon 09/08 - Thurs 12/08 Week 3 Mon 16/08 - Thurs 19/08 Week 4 Mon 23/08 - Thurs 26/08 Times: 12.00 - 16.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01485 534227
Alive Oasis Alive Oasis Central Promenade Hunstanton PE36 5BD	Week 1 Mon 09/08 - Thurs 12/08 Week 2 Mon 16/08 - Thurs 03/09 Times: 09.00 - 13.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01485 534227
Alive Oasis Alive Oasis Central Promenade Hunstanton PE36 5BD	Week 1 Mon 09/08 - Thurs 12/08 Week 2 Mon 16/08 - Thurs 03/09 Times: 12.00 - 16.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01485 534227

Before you book remember to get your code here www.norfolk.gov.uk/getmycode

# 🕏 Fitness and sport

Where	When	Activity	Age	Contact to book
Alive Downham Downham Market Academy Bexwell Road Downham Market PE38 9LL	Week 1 Mon 26/07, Tues 27/07, Thurs 29/07, Fri 30/07 Week 2 Mon 02/08, Tues 03/08, Thurs 05/08, Fri 06/08 Week 3 Mon 09/08, Tues 10/08, Thurs 12/08, Fri 13/08 Week 4 Mon 16/08, Tues 17/08, Thurs 19/08, Fri 20/08 Week 5 Mon 23/08, Tues 24/08, Thurs 26/08, Fri 27/08 Week 6 Tues 31/08, Thurs 02/09, Fri 03/09 Times: 09.00 - 13.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01366 386868
Alive Downham Downham Market Academy Bexwell Road Downham Market PE38 9LL	Week 1 Mon 26/07, Tues 27/07, Thurs 29/07, Fri 30/07 Week 2 Mon 02/08, Tues 03/08, Thurs 05/08, Fri 06/08 Week 3 Mon 09/08, Tues 10/08, Thurs 12/08, Fri 13/08 Week 4 Mon 16/08, Tues 17/08, Thurs 19/08, Fri 20/08 Week 5 Mon 23/08, Tues 24/08, Thurs 26/08, Fri 27/08 Week 6 Tues 31/08, Thurs 02/09, Fri 03/09 Times: 12.00 - 16.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01366 386868
Premier Education Greyfriars Academy London Road, King's Lynn PE30 5PY	Week 1 Mon 26/07 - Thurs 29/07 Week 2 Mon 02/08 - Thurs 05/08 Week 3 Mon 09/08 - Thurs 12/08 Week 4 Mon 16/08 - Thurs 19/08 Times: 09:00-13:00	Multi-Sport	5 - 11	Week 1 https://family.premier- education.com/add- course/704004/ Week 2 https://family.premier- education.com/add- course/704010/ Week 3 https://family.premier- education.com/add- course/704016/ Week 4 https://family.premier- education.com/add- course/704025/

Before you book remember to get your code here www.norfolk.gov.uk/getmycode

# 注 Fitness and sport

Where	When	Activity	Age	Contact to book
ICS Coaching Gayton C of E School Lynn Road Gayton King's Lynn PE32 1PA	Week 1 Mon 26/07 Week 2 Tues 03/08 Week 3 Mon 09/08 Week 4 Thurs 12/08 (10am - 2pm) Week 5 Thurs 19/08 Week 6 Tues 31/08 Times: 09.00 - 15.00	Sport Activity Days  Outdoor adventurous activity/first aid days (Thurs 12/08)	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Gaywood Academy 32 Field Lane Kings Lynn PE30 4AY	Week 1 Mon 02/08 - Fri 06/08 Week 2 Mon 09/08 - Fri 13/08 Week 3 Tues 31/08 - Fri 03/09 Times: 09.00 - 15.00	Sport Activity Days	5 - 11	www.alivewestnorfolk.co.uk
ICS Coaching Greenpark Academy 9-11 Wensum Way King's Lynn PE30 2RE	Weds 04/08  Times: 09.00 - 15.00	Sport Activity Days	5 - 11	www.alivewestnorfolk.co.uk
Alive Lynnsport Greenpark Avenue King's Lynn PE30 2NB	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 02/08 - Fri 06/08 Week 3 Mon 09/08 - Fri 13/08 Week 4 Mon 16/08 - Fri 20/08 Week 5 Mon 23/08 - Fri 27/08 Week 6 Tues 31/08 - Fri 03/09 Times: 09.00 - 13.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01553 818001
Alive Lynnsport Greenpark Avenue King's Lynn PE30 2NB	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 02/08 - Fri 06/08 Week 3 Mon 09/08 - Fri 13/08 Week 4 Mon 16/08 - Fri 20/08 Week 5 Mon 23/08 - Fri 27/08 Week 6 Tues 31/08 - Fri 03/09 Times: 12.00 - 16.00	Multi-Sport	5 - 14	www.alivewestnorfolk.co.uk 01553 818001

# द्रे Fitness and sport

Where	When	Activity	Age	Contact to book
Alive Lynnsport Greenpark Avenue King's Lynn PE30 2NB	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 02/08 - Fri 06/08 Week 3 Mon 09/08 - Fri 13/08 Week 4 Mon 16/08 - Fri 20/08 Week 5 Mon 23/08 - Fri 27/08 Week 6 Tues 31/08 - Fri 03/09 Times: 09.00 - 13.00	Tennis	5 - 11	www.alivewestnorfolk.co.uk 01553 818001
ICS Coaching Middleton Church of England Primary School School Road Middleton PE32 1SA	Weds 28/07  Times: 10.00 - 14.00	Outdoor adventurous activity/first aid days	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Middleton Church of England Primary School School Road Middleton PE32 1SA	Thurs 05/08  Times: 09.00 - 15.00	Sport Activity Days	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Nar Valley Federation of Schools 82 The St King's Lynn PE32 2DR	Week 1 Thurs 29/07 Week 2 Mon 02/08 Week 3 Weds 11/08 Week 4 Mon 16/08 Week 5 Mon 23/08 Times: 10.00 - 14.00	Activity/outdoor adventurous activities days	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Nar Valley Federation of Schools 82 The St King's Lynn PE32 2DR	Tues 17/08  Times: 10.00 - 14.00	Outdoor adventurous activity/first aid days	5 - 11	icscoachingsummer21@gmail. com

Before you book remember to get your code here www.norfolk.gov.uk/getmycode



# 🕏 Fitness and sport

Where	When	Activity	Age	Contact to book
ICS Coaching Reffley Academy Reffley Lane Kings Lynn PE30 3SF	Week 1 Thurs 22/07 - Fri 23/07 Week 2 Mon 26/07 - Fri 30/07 Week 3 Mon 16/08 - Fri 20/08 Week 4 Mon 23/08 - Fri 27/08 Times: 09.00 - 13.00	Sport Activity Days	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Rudham C of E Primary Academy 4 School Road King's Lynn PE31 8RF	Week 1 Thurs 29/07 Week 2 Thurs 02/08 Times: 09.00 - 15.00	Sport Activity Days	5 - 11	icscoachingsummer21@gmail. com
ICS Coaching Rudham C of E Primary Academy 4 School Road King's Lynn PE31 8RF	Tues 03/08  Times: 10.00 - 14.00	Activity/outdoor adventurous activities days	5 - 11	icscoachingsummer21@gmail. com
Premier Education Hilgay Academy Church View, Church Rd, Hilgay, Downham Market PE38 OJL	Week 1 Mon 26/07 - Thurs 29/07 Week 2 Mon 02/08 - Thurs 05/08 Week 3 Mon 09/08 - Thurs 12/08 Week 4 Mon 16/08 - Thurs 19/08 Times: 10.00 - 14.00	Mixed including sports, dance, drama and wellbeing.	5 - 11	Week 1 https://family.premier- education.com/add- course/704219/  Week 2 https://family.premier- education.com/add- course/704223/  Week 3 https://family.premier- education.com/add- course/704226/  Week 4 https://family.premier- education.com/add- course/704229/

# Childrens Play

Where	When	Activity	Age	Contact to book
Lisa Papworth (Childminder) East Winch PE32 1NX	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 16/08 - Fri 20/08 Week 3 Mon 23/08 - Fri 27/08 Week 4 Mon 30/08 - Fri 03/09 Times: TBC	Various activities including cooking, visiting woods, mobile library.	5 - 10	Lisapapworth@gmail.com 07973981937
Ruth Stanley Childcare Services Tilney St Lawrence King's Lynn PE34 4FH	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 02/08 - Fri 06/08 Week 3 Mon 09/08 - Fri 13/08 Week 4 Mon 16/08 - Fri 20/08 Week 5 Mon 23/08 - Fri 27/08 Times: TBC	Outdoor play, art and craft and cookery.	5 - 11	Carter-ruth@live.com 07896188993
Mr Bee's Springwood Springwood High School Queensway King's Lynn PE30 4AW	Week 1 Mon 26/07 - Fri 30/07 Week 2 Mon 02/08 - Fri 06/08 Week 3 Mon 09/08 - Fri 13/08 Week 4 Mon 16/08 - Fri 20/08 Week 5 Mon 23/08 - Fri 27/08 Times: TBC	Mixed activities.	5 - 11	O1553 766661  Springwood@mrbeesfscentreco.uk