

*Together we explore, discover, achieve and grow*



**Heacham Infant and Nursery School**

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Dear Parents/Carers,

### **RSE Curriculum**

As a part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

The teaching of Relationships Education and Health Education (which includes learning about the changing adolescent body and puberty) is a legal requirement for all schools and parents will not be able to withdraw their child from any aspect of Relationships Education as it is important that all children receive this programme, covering topics such as friendships and how to stay safe. Sex Education is not statutory in primary schools but schools are expected to provide a programme of age appropriate sex education. Parents have the right to request to withdraw their child from any aspects of Sex Education other than those that are part of the science curriculum. We follow Jigsaw RSE, which links to the National Guidance for RSE. For further information on National Guidance go to: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

We are interested to hear your views and welcome any queries or comments. Please contact the office via email.

Yours Sincerely

A handwritten signature in blue ink, appearing to read 'Ms L. Jackson', is written over a light blue horizontal line.

Executive Headteacher  
Ms L. Jackson

Deputy Headteacher  
Mrs E. Hunt  
 West Norfolk Academies Trust

Assistant Headteacher  
Mrs C. Dack