1) Help for families who need support during the Coronavirus crisis

The Government announced on Sunday that it would be helping thousands of people across the country who need help getting supplies of food and medicines and who may need other support.

If somebody that you live with has a serious health issue, are aged over 70 and / or are self-isolating and are unable to leave the house, there is help in your community available. Help is also available if your family are eligible to receive free school meals.

This help has been in put in place to help shield people who may be at high risk to Coronavirus.

Help is available to arrange deliveries of emergency food supplies, medicines and collect prescriptions for you, as well as support you in other ways such as offering parenting help.

For families in need of support, either now or in the coming weeks, please contact our phone line on 0344 8008020

or visit Norfolk.gov.uk/coronavirus and help will be provided.

2) Volunteering:

There are already teams of volunteers working in the community ready to help local residents. If you can volunteer some of your time to help others in your local area, we really need your help!

If you run your own **business** and can help with services, vehicles or other resources, we would love to hear from you, as together we really can make a difference.

Anyone wanting to volunteer should go to www.voluntarynorfolk.org.uk and businesses should email covidbusinessresponse@voluntarynorfolk.org.uk

3) Financial help:

The Government has also provided a **Hardship Fund** to help people who may be struggling financially. If you need financial help **please visit your local council website and follow the advice.**

Please do not visit your council offices, you will be able to access the information and ask for assistance either online or by phone. (District council number here)

4) Help for businesses:

If you are a business in need of help, please visit the New Anglia Growth Hub website for free support Growthhub@newanglia.co.uk or call on 0300 333 6536.

For updates, please visit your local council website or www.norfolk.gov.uk/coronavirus